

Age-Appropriate Play and "Screen Time" for Preschoolers

Hello Toddler Town Families!

Need some tips about what kind of play is appropriate for the developmental level of your child? Here are a few quick pointers about what kinds of play to encourage and what to look out for.

Our Bumblebees are learning to play from adults and their peers. Singing with them and reading books with them can help them to develop positive play habits that will last a lifetime. Our Chipmunks need lots of room to explore and to continue developing motor skills; make sure they have opportunities to try using tools and materials without a specific goal in mind.

Our Butterflies and Sharks have developed a number of skills in their early years and are looking for ways to improve those skills through play. During these years, it is important to encourage them to talk about what they are doing and to make plans about what they want to create and how they want to play.

"Screen time" (time spent with television, computers, video games) is strongly discouraged for children under 3. Even for children aged 3-6, screen time should be limited to an hour a day, and parents should watch with their children to keep them actively engaged and to discuss the material with them.

To learn more about this topic, check out this website:

<http://www.illinoisearlylearning.org/faqs/playage.htm>



The weather outdoors is getting cooler. Make sure your child is dressed for outdoor play.

TAKE NOTE

- With Fall upon us please bring warm clothes for your child's cubby and be sure that they bring a warm jacket so that they can join us for outside play.
- If you missed the flu shots on the 25th, you can still get one at Jewel (2845 Howard St.)



Upcoming Dates

- CLOSED Nov 11th for Veterans Day
- Picture Day is November 26th
- CLOSED Nov 28th and 29th for Thanksgiving

Bumblebees Class 2-year-olds



Fall Colors Paintings

Welcome new friends to the bumblebee room! We did many activities during October including making our fall tree and painting with fall colors! The children loved their fall tree activity; they sprayed water colored paint (fall colors) on their pre-cut (leaves shapes) cof-

fee filter to make their fall tree. For the month of November, we have many fun activities the bumblebees will enjoy. Some of these include: decorating pumpkins, making turkey hand-prints and painting with features. Our themes for the month will be pumpkins,

being thankful, thanksgiving, and pajamas. Our letters that we will be focusing on are letter P and T; therefore we will also talk about age appropriate words that began with letter P and T! Our motto in the bumblebee room remains, Ready Willing and able to Explore!

Chipmunks Class 3-year-olds

Hello parents! What a fun October we had learning about fall and all the different fall colors. One of our projects we made was a fall "O" October tree. This month we will work on letter N for November, family,

and as always have fun while we learn. Parents are always welcome to give ideas or come and read your child's favorite book to the class. Until next month!
-Mrs. Sandra and Mrs. Daulat



"O" October fall trees

Butterflies Class 4-year-olds



Our painted pumpkins

In the month of October, we enjoyed exploring lowercase letters, pretending to be nocturnal animals, learning about the insides of a pumpkin, and reading plenty of books about many different types of spiders. We also had our fun costume party and parade

(thanks to all who contributed).

In the month of November, we will talk about transportation, community helpers, family, and thanksgiving. Check your child's mailbox for take home paperwork or

artwork. Don't forget to collect your child's folders on Tuesday and Thursday for take home activities!

If you have any questions, comments, or concerns, feel free to speak directly with any one of the teachers. We look forward to a new month!

Sharks Class 5-year-olds

October was such a fun month, with the changing of seasons and watching the changing of leaves. We also had fun carving and painting pumpkins. Children made jack-o-lanterns and Fall tree. November brings just as

much fun. The Sharks' weekly themes will include healthy eating, Turkey, Native Americans/Pilgrims, and Thanksgiving. Some activities will include Making Turkeys, identifying healthy vs. unhealthy foods, making Native

American headaddresses, and sharing a Thanksgiving lunch together. We will be working on writing the numbers 1-10 and continue to work on our first and last names.

Happy Thanksgiving



One of our Jack-o-lanterns from our unit on Pumpkins last month.