

Teaching Children to Apologize

As adults, we are rarely satisfied with children's apologies. The rapid-fire repetition or the insincere tone of voice make it very clear that they are not sorry at all. Insisting that they say it again (but properly this time!) almost never produces the desired effect. Here are some tips for teaching your child how to apologize in a way that will not only help them with social skills, but teach them the empathy that they will need to develop and maintain positive relationships throughout their lives.

Have them start with **"I'm sorry for..."**. Make sure that they are specific about what behavior of theirs caused the other person harm. No more "I'm sorry for being mean." Have them acknowledge what it was that they did that was mean.

They can continue with **"This is wrong because..."**. This will be the hard part at first, but it is crucial. Children need to understand how their actions and words can affect others and having your feelings understood is an important component of forgiveness as well.

The next part of an apology should be **"In the future, I will..."**. Making a commitment to change one's behavior is integral to a true apology. Try to encourage these to be positive statements about what your child will do, not negative statements about what they won't do. Instead of "I won't push," try "I will only use my gentle hands."

Have them finish with **"Will you forgive me?"** Don't require forgiveness. Help children understand that relationships must be repaired and sometimes an apology is not enough to do that. Encourage them to find ways to make the injured party feel better and to earn their forgiveness.

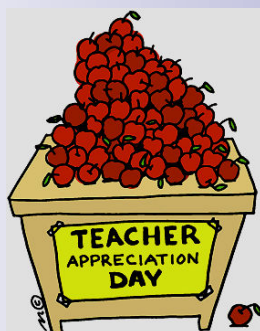
And of course, remember to model this behavior yourself. Don't be afraid to apologize to your child when you are wrong and show them the proper way to do so.

For more on this check out: <http://www.cuppacocoa.com/a-better-way-to-say-sorry/>



TAKE NOTE

- National Teacher's Day is Tuesday, May 6th.
- Graduation will take place on Friday, June 20th. If you have not yet paid your Cap and Gown Fee, do so immediately. You can give money to Mr. Dan or Ms. Jaya.



UPCOMING DATES

- Picture Day will be Monday, May 19th
- CLOSED Monday, May 26th for Memorial Day

Ms. Stephane and Ms. Vanessa's Bumblebees Class 2-year-olds



Our Earth Paintings

April showers brings May flower! Last month, we focus on Earth day, planting and Easter. We did many exciting activities which included; egg hunting and hand print earth. This month we will continue to focus on

planting flowers Insects g Cinco de Mayo and Mothers Day. Our letters for the month are letters I and M! Our activities are but not limited; to making a special gift for the mothers, Hand print flowers, Dandelions,

and egg carton bugs. We will continue to work on our Alphabets, basic colors, shapes and Numbers 1 through 15. Our motto remains Ready, Willing and able to Explore!

Ms. Sandra and Ms. Daulet's Chipmunks Class 3-year-olds

Hello May good-bye April! spring has come into our classroom so beautifully! we made flowers, rainbows, beauti-

ful insects and so much more! May is looking to be just as fun! Letter M is what we will work on along with other fun

month of may projects. Now that the weather is beautiful we will be going out and enjoying the sun! Until next month!



Catepillars

Ms. Alex, Ms. Tammie and Ms. Yoon's Butterflies Class 4-year-olds



"All the flowers of all the tomorrows are the seeds of today." -Unknown

Happy May to all families! Throughout this month, the Butterflies class will have so much to discover and explore. In the last month, we had fun with numbers, learned about the plant/flower/rain cycle, about the importance of loving our planet Earth,

and recycling. Since April showers bring May flowers, we are excited about sending our flowers home in May! Our themes for this month will be rhymes, manners, and ocean life. At the end of the month, we will spend a week reviewing all of the things we have learned. We would

like to encourage parents to volunteer or bring in theme related books to share with the class on any day of the week. We are also sending a warm thank you to cooperating and involved families who participated in last month's recycling unit! We look forward to another fun and adventurous month!

Ms. Jaya and Mr. Dan's Sharks Class 5-year-olds

Preschool children learn best through play. We try to keep our activities fun for them because we want them to enjoy their time here and they learn concepts better through play.

We had so much fun pretending to be insects, discussing Five Senses, recycling and community helpers. We spread activities throughout the day to prevent the children from becoming bored and alternate active and calm activities. Art activities are open ended to

encourage creativity. Letters and Numbers are taught through play by saying as many words as we can using the sound of the first letter, counting the kids, number of blocks the child is using to build.

In May we are looking forward to learn about Mother, Transportation, Pets and Butterflies. The letters we will learn are W, Q, U & Y. For math we will review counting down from 10 -0, counting by 10s and 5s, will practice early additions; review

all the shapes we have learned before. We will continue improving our early reading skills with guessing game, clue game, rhyming words, sounding out the letters, reading books etc. Variety of art projects, games, and outdoor activities will accompany our learning.

Parents are always welcome to stay and chat as long as they wish, read books to the children, bring books related to the themes or help with the kids'



The children made insects using the art materials.