

Children and Chores: Building Responsibility and Self-Sufficiency

The amount of work that we do to take care of our children and to keep up around the house can leave us exhausted and overwhelmed. Having children help out with chores around the house will not only help get everything done, but will also teach children responsibility and develop life-long skills. Remember that it may be difficult at first for children. Be sure to give them specific instructions and show them how to do what you are asking of them. This initial investment may be frustrating, but as your child becomes more capable of helping out around the house, you will know it was worth the effort.

Not sure what kinds of chores are appropriate for your child? Each child will be capable of different things at different ages, but here are some good general guidelines:

2-3 Years Old: Put toys in toy box, stack books on shelf, put dirty clothes in hamper, throw trash away, fold washcloths, dust baseboards, set the table

4-5 Years Old: Wipe up spills, put toys away, sort silverware, dry and put away dishes, feed pets, make bed, use hand-held vacuum, water houseplants, prepare simple snacks

Create a chore chart, hold children accountable, and praise them for a job well done!

For more information on how to institute a system of chores for your child that will support their development, check out this website:

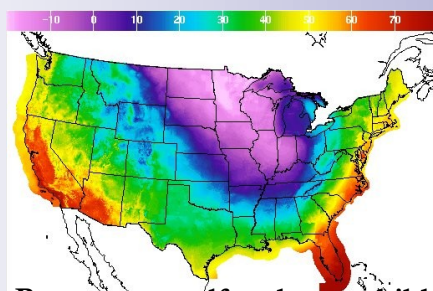
<http://www.webmd.com/parenting/features/chores-for-children>



Children can be great helpers around the house.

TAKE NOTE

- Tax forms for 2013 are ready and available in the office. Parents must first complete a 2014 Food Form and then they are able to receive their 2013 tuition statement.
- Check out the new videos of the children on the television in the entryway!

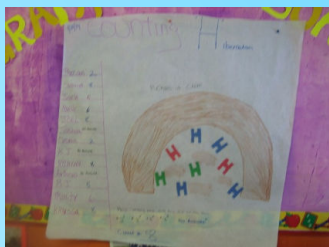


Protect yourself and your child during Polar Vortex temperatures! Wear many layers and don't go outside more than you have to.

UPCOMING DATES

- **CLOSED** for President's Day on Monday, February 17th, 2014
- **FREE** Dental Screenings for the children on Thursday, February 20th, 2014

Ms. Stephane and Ms. Vanessa's Bumblebees Class 2-year-olds



Counting the H's

Hello Parents!

For the month of February, we will have lots of fun talking about Friendships, Heart, and Dental.

February is dental month, therefore we will talk about keeping our teeth healthy and how

important it is to go to the dentist. Our letters for the month will be letters V, D and T! Some of our craft that we will be creating are but not limited to; crayon box, making puffy Valentines Day hearts and dentist collage. We will continue to learn our ba-

sic colors and numbers 1-15 in both English and Spanish. Last month, we talked about letter H and hibernation, each child took a turn in counting how many H they saw in the cave and the teachers recorded their answers!

Ms. Sandra and Ms. Daulet's Chipmunks Class 3-year-olds

Welcome back parents! January was sure a cold month I hope February is a bit warmer. We had so much fun this month, we talked about letter J, worked on keeping fit since

we are not able to play outdoors and have been working on our colors and numbers in Spanish.

Next month our calendar shows a lot of big events national dental month, Valentine's day, black history

month. We will work on topics related to those events as well as continue to learn our regular material.

If you have any questions feel free to ask.



Our Exercising Feet

Ms. Alex, Ms. Tammie and Ms. Yoon's Butterflies Class 4-year-olds



Our 2014 Banner

The month of January has already gone by, and we are ready for February. Last month, we celebrated the New Year with a healthy start by discussing topics like healthy living & nutrition, body parts, and friendship (in honor of Martin

Luther King Jr. Day). In the month of February, we will talk about opposites, Valentine's Day, and teeth. Our final week will be used to review our lessons as well as letters 'O', 'V', and 'P'. As the days approach Valentine's Day, more informa-

tion will be sent home regarding our Valentine's Day party. The weather has been frigid, so please remember to fill up your child's cubby with warm clothes. Thanks for your cooperation!

Ms. Jaya and Mr. Dan's Sharks Class 5-year-olds

January was so much fun! We had a great time talking about New Year, winter, Snow and Polar bear. Playing with the snow indoors and painting snow was much fun! We also learned about Martin Luther King Jr. and his dream. Children

were very excited to share a dream for future world.

In February we will learn about Hibernation, Valentine's Day, Presidents' Day and dental health. We will continue focusing on lower case letters and writing last names. Children are enjoy-

ing describing the shapes and playing clue games.

If the weather permits, we will go out to play. Parents, please send your child with warm jacket, snow pants, gloves, hat and boots. Your child doesn't want to miss the snow fun.



The children drew pictures of their dreams for the future.