

## Positive Discipline: Building Self-worth and Responsibility

Hello Toddler Town Families!

We all have those moments of extreme frustration when our children refuse to listen, but we can develop strategies for those moments that help build our child's sense of self-worth and responsibility. These strategies can also help make these moments fewer, with more of the happy times in between!

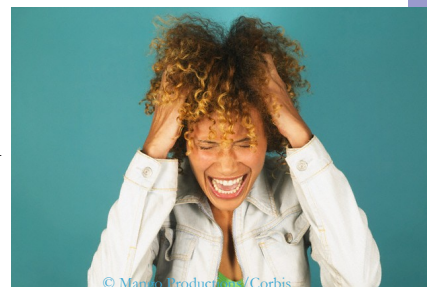
**Show that you understand your child's feelings and explain your own.** When we need to do something, we often forget that young children are learning to express themselves and want to understand adult problems. Also, by engaging with their feelings and our own, we help them establish good habits for dealing with conflict that will last a lifetime.

**Provide choices when you can and offer an alternative or a solution when you cannot.** As children are developing their independence, we need to help them make choices for themselves. This means providing them with chances to choose from many positive, healthy options.

**Reward your child for making good choices and set firm consequences for bad choices (and stick to them!).** Children need to learn that there are good and bad outcomes for the choices they make.

**Make time to share quality time with your child.** A few minutes each day go a long way toward making your children feel good about themselves. Feeling secure helps them respect you and your needs.

To read more, check out this website: <http://illinoiscarlylearning.org/tipsheets/wordsdiscipline.htm>



*Our kids can find ways to get under our skin. Finding the patience can be a challenge.*

### TAKE NOTE

- Lifetouch pictures will be available for purchase in the office.
- Make sure that your child has winter clothes in his/her cubby and she/he comes with appropriate outdoor clothes (jackets, hats, gloves, boots). Children without proper clothes will not be permitted to go outside with their class.



### Upcoming Dates

- CLOSED December 24th and 25th for Christmas Eve and Christmas Day
- CLOSED December 31st and January 1st for New Year's Eve and New Year's Day

### *Ms. Stephane and Ms. Vanessa's Bumblebees Class 2-year-olds*



*Our little pianos for letter P!*

November flew by! Now we're in December, meaning colder weather! Last month, the children had so much fun giving thanks and being thankful! For the month of December, we will be talking about hibernation, snow, and enjoying the holidays

by making ornaments, candy canes and many other fun festival crafts! The letters we will be talking about are letter C and letter S. Our colors that we will be focusing on are red, green and gold! The bumblebees will be preparing for the

New Year journey! Our motto remains in the bumblebee room Ready, Willing, and Able to Explore!

Thank you!

Ms. Stephane  
and Ms. Vanessa

### *Ms. Sandra and Ms. Daulet's Chipmunks Class 3-year-olds*

Hello parents! November has passed. Oh what fun we had! We worked on our letter "N". We made a letter "T" tree and painted with our feet. December is now here. Lets see what awaits us...

We will learn about the various holidays like Hanukkah, Christmas, and Kwanzaa. We will use this time to talk about colors and numbers. We will have a holiday party at the end of the month to share healthy

treats. As always we have fun while we learn.

Thank you

Mrs. Sandra  
and Mrs. Daulet



*We painted with our feet.*

### *Ms. Alex, Ms. Tammie and Ms. Yoon's Butterflies Class 4-year-olds*



*Our class community*

Last month, we explored topics like transportation, community helpers, family and Thanksgiving. This month, we will learn about weather, shapes, winter, and the

New Year. We are looking for parent volunteers to read, sing

songs, or help out in the classroom. If your family's first language is not English, you are always welcomed to read stories, sing songs, or teach us new words from your native language. If you are looking for ideas for books or songs, ask a teacher about the classroom theme. The children are begin-

ning to sound short words and with a little practice, they will be ready to read! Parents can help at home. Help your child sound out words in books, on signs, and everywhere they go! If you would like to borrow a book, please see Ms. Tammie or Ms. Yoon about our Lending Library program.

### *Ms. Jaya and Mr. Dan's Sharks Class 5-year-olds*

We had wonderful time learning about healthy food, Turkey, Native Americans and Thanksgiving. Our healthy snack drive was a huge success! Children had fun making dream catchers, learning new songs, and learning three dimensional

shapes. This month we will dive in and learn about Ocean animals, Big and little, Holidays, and the New Year. We have started playing a new game with the children recently: someone will give a clue describing something that begins with

the letter we are learning and others will have to guess what it is. Children are having a blast playing this new game! Parents can try this at home to help develop thinking and problem solving skills.

Have a wonderful Holiday!



*We painted healthy plates during our unit on Healthy Eating.*